

LUNCH MENU

18.-22.09.2017

MONDAY	ENG:	Minced meat - Vegetable sauce, steamed raw buckwheat, cabbage-corn salad, bread, milk, apple
	Veg:	Vegetable sauce, steamed raw buckwheat, salad
	EST:	Hakkliha- köögiviljakaste, toortatar, kapsa- maisisalat, leib, piim*, õun*
	TT:	Köögiviljakaste, toortatar, salat
TUESDAY	ENG:	Beet soup, sour cream, bread, milk kisel with jam, carrot
	Veg:	Beet soup, Kisel with whip cream
	EST:	Peedisupp, hapukoor, leib, piimakissell moosiga, porgandinäks*
	TT:	Peedisupp, kissell vahukoorega
WEDNESDAY	ENG:	Vegetable wok, fresh tomato slices, Bread, Berry water, Watermelon
	Veg:	Vegetable wok, fresh tomato slices, bread, berry water, watermelon
	EST:	Köögivilja wok, värsked tomati lõigud*, leib, maitsevesi marjadega*, arbuus
	TT:	Köögivilja wok, tomatilõigud, leib, maitsevesi marjadega, arbuus
THURSDAY	ENG:	Kana- läätsesupp (J/L), leib, manna vaht piimaga*, kapsanäks*
	Veg:	Köögivilja-läätsesupp, manna vaht
	EST:	Chicken - Lentil soup, Bread, Berry cream with milk, cabbage slices
	TT:	Veg: Vegetable - Lentil soup, Berry cream with milk
FRIDAY	ENG:	Greek style Fish sauce (J/L), steamed rice, grated carrot, bread, milk, pear
	Veg:	Rice - Vegetable Casserole, salad
	EST:	Kreekapärane kalakaste (J/L), aurutatud riis, riivitud porgand*, leib, piim*, pirn*
	TT:	Riisi- köögiviljapada, salat

* PRIA

L- laktoosivaba - Lactose free

J- jahuvaba – Flour free

T- taimetoit Vegetarian