

LUNCH MENU

16.-20.10.2017

MONDAY	ENG:	Pasta with minced meat (L), shredded carrot, bread, milk, apple
	Veg:	Pasta with vegetables
	EST:	Makaronid hakklihaga (L), riivitud porgand*, leib, piim*, õun*
	TT:	Makaroni- köögivilja pada
TUESDAY	ENG:	Chicken soup, bread (L/J), Berry cream with milk, Cabbage
	Veg:	Vegetable – Lentil soup, Berry cream with milk
	EST:	Kana- köögiviljasupp (L/J), leib, mannaeht piimaga*, kapsanäks*
	TT:	Köögiviljasupp läätsedega
WEDNESDAY	ENG:	Meat sauce, baked potato, carrot-turnip salad, bread, Berry yogurt, pear
	Veg:	Baked potato with beans
	EST:	Kuzeme stroogonov, ahjukartul, kaalika- porgandisalat, leib, marjajogurt*, pirn*
	TT:	Ahjukartulid ubadega
THURSDAY	ENG:	Minestrone soup (L), Rice dessert with berry kisel (J), bread, Turnip,
	Veg:	Tomato – vegetable soup
	EST:	Minestrone (L), riisilumi mahlakisselliga (J), leib, kaalikanäks*
	TT:	Tomati- köögiviljasupp
FRIDAY	ENG:	Fish cutlet (L/J), warm sauce, steamed rice, Chinese cabbage with sweet pepper, berry
	Veg:	water, Orange Potato cutlets (L)
	EST:	Kodune kalakotlet (L/J), soe koorekaste, riis, hiinakapsas paprikaga*, maitsevesi marjadega*, apelsin
	TT:	Kartulikotletid (L)

* PRIA

L- laktoosivaba - Lactose free

J- jahuvaba – Flour free

T- taimetoit Vegetarian