

## LUNCH MENU

02.-06.10.2017

MONDAY	<b>ENG:</b>	<b>Pork sauce, Buckwheat, grated Beet, bread, Kefir, apple</b>
	<b>Veg:</b>	<b>Buckwheat - Vegetable Casserole</b>
	<b>EST:</b>	Seastrooganov, tatar, riivitud peet*, leib, keefir*, õun*
	<b>TT:</b>	Tatra- köögiviljapada
TUESDAY	<b>ENG:</b>	<b>Chicken soup, bread, Pancake with jam, milk, cucumber</b>
	<b>Veg:</b>	<b>Vegetable soup with lentils, pancake</b>
	<b>EST:</b>	Kanasupp, leib, pannkook moosiga, piim*, kurginäks*
	<b>TT:</b>	Köögiviljasupp läätsedega, pannkook
WEDNESDAY	<b>ENG:</b>	<b>Fish fillet sticks, steamed rice, tar-tar sauce, carrot-turnip salad, Bread, milk, pear</b>
	<b>Veg:</b>	<b>Rice Casserole with beans</b>
	<b>EST:</b>	Kalafileepulgad, riis, tar-tar kaste, porgandi- kaalika salat, leib, piim*, pirn*
	<b>TT:</b>	Riisiroog ubadega
THURSDAY	<b>ENG:</b>	<b>Meatball Soup, bread, yogurt dessert with berries, carrot*</b>
	<b>Veg:</b>	<b>Vegetable soup with lentils</b>
	<b>EST:</b>	Frikadellisupp, leib, jogurtitarretis marjadega*, porgandinäks*
	<b>TT:</b>	Köögiviljasupp läätsedega
FRIDAY	<b>ENG:</b>	<b>Pan fried potato with ham, cucumber-tomato salad with sour cream, bread, Berry water*, Apple*</b>
	<b>Veg:</b>	<b>Pan fried vegetable</b>
	<b>EST:</b>	Panniroog kartuli ja singiga, kurgi-tomatisalat hapukoorega, leib, maitsevesi marjadega*, õun*
	<b>TT:</b>	Panniroog köögiviljadest

\* PRIA

L- laktoosivaba - Lactose free

J- jahuvaba – Flour free

T- taimetoit Vegetarian